



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

SCHOLZ, Jeremy

Club: Salza Gymnasium
Number: 1115

Course: 5.00 km
5 km - Lauf

Category:
männliche Jugend U14 (12-13 Jahre)

Total time: 31:25

Speed: 9.55 km/h
Running performance: 6:17 min/km

Rank in course/Total: 164 (of 232)

Rank in course/Men: 109 (of 136)

Best time in course: 18:55

Rank in category: 20(of 25)

Best time in the category: 22:27

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:28	4:56	12	0:41	52	0:55	0.50	2:28	4:56	12	0:41	52	0:55
Lap 2	4.00	26:18	6:34	20	7:56	111	10:47	4.50	28:46	6:23	21	8:26	110	11:42
Last lap Finish	0.50	2:39	5:17	20	0:49	89	0:49	5.00	31:25	6:16	20	8:58	109	12:30