



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

FISCHER, Hannes

Club: Salza Gymnasium
Number: 1156

Course: 5.00 km
5 km - Lauf

Category:
männliche Jugend U18 (16-17 Jahre)

Total time: 31:23

Speed: 9.56 km/h
Running performance: 6:17 min/km

Rank in course/Total: 162 (of 232)

Rank in course/Men: 108 (of 136)

Best time in course: 18:55

Rank in category: 11(of 13)

Best time in the category: 20:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	3:04	6:08	12	1:23	120	1:31	0.50	3:04	6:08	12	1:23	120	1:31
Lap 2	4.00	25:28	6:21	11	8:47	108	9:57	4.50	28:32	6:20	11	10:10	108	11:28
Last lap Finish	0.50	2:51	5:42	11	0:51	106	1:01	5.00	31:23	6:16	11	11:01	108	12:28