



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

Bauer, Florian

Club: Berlin
Number: 1225

Course: 5.00 km
5 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 21:18

Speed: 14.08 km/h
Running performance: 4:16 min/km

Rank in course/Total: 6 (of 232)

Rank in course/Men: 5 (of 136)

Best time in course: 18:55

Rank in category: 2(of 8)

Best time in the category: 19:23

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	1:46	3:31	2	0:06	6	0:13	0.50	1:46	3:31	2	0:06	6	0:13
Lap 2	4.00	17:35	4:23	2	1:44	5	2:04	4.50	19:21	4:18	2	1:50	5	2:17
Last lap Finish	0.50	1:57	3:53	3	0:05	7	0:07	5.00	21:18	4:15	2	1:55	5	2:23