



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

WEBER, Tom

Club: Salza Gymnasium
Number: 1106

Course: 5.00 km
5 km - Lauf

Category:
männliche Jugend U16 (14-15 Jahre)

Total time: 35:33

Speed: 8.44 km/h
Running performance: 7:07 min/km

Rank in course/Total: 206 (of 232)

Rank in course/Men: 124 (of 136)

Best time in course: 18:55

Rank in category: 15(of 18)

Best time in the category: 18:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:39	5:17	11	1:06	75	1:06	0.50	2:39	5:17	11	1:06	75	1:06
Lap 2	4.00	29:24	7:20	15	13:53	126	13:53	4.50	32:03	7:07	15	14:59	124	14:59
Last lap Finish	0.50	3:30	7:00	17	1:39	129	1:40	5.00	35:33	7:06	15	16:38	124	16:38