



3Türmelauf  
Bad Langensalza / 22.04.2018

Detailed evaluation

KLÖS, Lysann

Club: Salza Gymnasium  
Number: 1135

Course: 5.00 km  
5 km - Lauf

Category:  
weibliche Jugend U18 (16-17 Jahre)

Total time: 33:02

Speed: 9.08 km/h  
Running performance: 6:37 min/km

Rank in course/Total: 183 (of 232)

Rank in course/Women: 67 (of 96)

Best time in course: 20:57

Rank in category: 10(of 16)

Best time in the category: 26:34

Intermediate times

Stage score

Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score  |                 | Total ranking |               |                 |             |                |              |                 |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
|                 |             |               |                 |             |                | Pos<br>Women | Behind<br>Women | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women |
| Lap 1           | 0.50        | 2:42          | 5:24            | 7           | 0:30           | 40           | 0:57            | 0.50          | 2:42          | 5:24            | 7           | 0:30           | 40           | 0:57            |
| Lap 2           | 4.00        | 27:15         | 6:48            | 10          | 5:37           | 67           | 10:06           | 4.50          | 29:57         | 6:39            | 10          | 5:44           | 66           | 11:00           |
| Last lap Finish | 0.50        | 3:05          | 6:10            | 11          | 0:44           | 72           | 1:05            | 5.00          | 33:02         | 6:36            | 10          | 6:28           | 67           | 12:05           |