



3Türmelauf  
Bad Langensalza / 22.04.2018

Detailed evaluation

SCHIRRMEISTER, Ida

Club: Salza Gymnasium  
Number: 1117

Course: 5.00 km  
5 km - Lauf

Category:  
weibliche Jugend U18 (16-17 Jahre)

Total time: 30:56  
Speed: 9.70 km/h  
Running performance: 6:11 min/km  
Rank in course/Total: 150 (of 232)  
Rank in course/Women: 47 (of 96)  
Best time in course: 20:57  
Rank in category: 5(of 16)  
Best time in the category: 26:34

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.50	2:35	5:10	3	0:23	32	0:50	0.50	2:35	5:10	3	0:23	32	0:50
Lap 2	4.00	25:21	6:20	6	3:43	52	8:12	4.50	27:56	6:12	5	3:43	45	8:59
Last lap Finish	0.50	3:00	6:00	9	0:39	66	1:00	5.00	30:56	6:11	5	4:22	47	9:59