



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

TOUSSAINT, Sophie-Luise

Club: Salza Gymnasium
Number: 1111

Course: 5.00 km
5 km - Lauf

Category:
weibliche Jugend U18 (16-17 Jahre)

Total time: 35:18
Speed: 8.50 km/h
Running performance: 7:04 min/km
Rank in course/Total: 204 (of 232)
Rank in course/Women: 81 (of 96)
Best time in course: 20:57
Rank in category: 13(of 16)
Best time in the category: 26:34

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.50	2:45	5:30	9	0:33	44	1:00	0.50	2:45	5:30	9	0:33	44	1:00
Lap 2	4.00	29:15	7:18	14	7:37	82	12:06	4.50	32:00	7:06	13	7:47	81	13:03
Last lap Finish	0.50	3:18	6:35	16	0:57	88	1:18	5.00	35:18	7:03	13	8:44	81	14:21