



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

LIESER, Paulin

Club: Salza Gymnasium
Number: 1130

Course: 5.00 km
5 km - Lauf

Category:
weibliche Jugend U18 (16-17 Jahre)

Total time: 35:56
Speed: 8.35 km/h
Running performance: 7:11 min/km
Rank in course/Total: 213 (of 232)
Rank in course/Women: 86 (of 96)
Best time in course: 20:57
Rank in category: 16(of 16)
Best time in the category: 26:34

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.50	2:58	5:56	11	0:46	57	1:13	0.50	2:58	5:56	11	0:46	57	1:13
Lap 2	4.00	29:46	7:26	15	8:08	84	12:37	4.50	32:44	7:16	15	8:31	85	13:47
Last lap Finish	0.50	3:12	6:24	14	0:51	78	1:12	5.00	35:56	7:11	16	9:22	86	14:59