



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

HOLZAPFEL, Linnea

Club: Salza Gymnasium
Number: 1142

Course: 5.00 km
5 km - Lauf

Category:
weibliche Jugend U16 (14-15 Jahre)

Total time: 36:05
Speed: 8.31 km/h
Running performance: 7:13 min/km
Rank in course/Total: 217 (of 232)
Rank in course/Women: 89 (of 96)
Best time in course: 20:57
Rank in category: 17(of 19)
Best time in the category: 24:38

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.50	3:16	6:31	19	1:13	92	1:31	0.50	3:16	6:31	19	1:13	92	1:31
Lap 2	4.00	29:35	7:23	14	9:19	83	12:26	4.50	32:51	7:18	16	10:19	88	13:54
Last lap Finish	0.50	3:14	6:28	18	1:08	84	1:14	5.00	36:05	7:13	17	11:27	89	15:08