



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

WALTER, Emilia

Club: Salza Gymnasium
Number: 1107

Course: 5.00 km
5 km - Lauf

Category:
weibliche Jugend U16 (14-15 Jahre)

Total time: 36:13

Speed: 8.28 km/h
Running performance: 7:14 min/km

Rank in course/Total: 219 (of 232)

Rank in course/Women: 91 (of 96)

Best time in course: 20:57

Rank in category: 19(of 19)

Best time in the category: 24:38

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.50	3:09	6:17	16	1:06	75	1:24	0.50	3:09	6:17	16	1:06	75	1:24
Lap 2	4.00	30:10	7:32	17	9:54	91	13:01	4.50	33:19	7:24	19	10:47	93	14:22
Last lap Finish	0.50	2:54	5:47	11	0:48	62	0:54	5.00	36:13	7:14	19	11:35	91	15:16