



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

RÜMPLER, Maurice

Club: SV Creaton Großengottern
Number: 1177

Course: 5.00 km
5 km - Lauf

Category:
männliche Jugend U20 (18-19 Jahre)

Total time: 21:51

Speed: 13.73 km/h
Running performance: 4:22 min/km

Rank in course/Total: 8 (of 232)

Rank in course/Men: 7 (of 136)

Best time in course: 18:55

Rank in category: 1(of 8)

Best time in the category: 21:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	1:45	3:30	1	-	5	0:12	0.50	1:45	3:30	1	-	5	0:12
Lap 2	4.00	18:03	4:30	1	-	7	2:32	4.50	19:48	4:24	1	-	7	2:44
Last lap Finish	0.50	2:03	4:05	1	-	10	0:13	5.00	21:51	4:22	1	-	7	2:56