



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

HABERMANN, John Lukas

Club: Salza Gymnasium
Number: 1152

Course: 5.00 km
5 km - Lauf

Category:
männliche Jugend U18 (16-17 Jahre)

Total time: 34:23

Speed: 8.73 km/h
Running performance: 6:53 min/km

Rank in course/Total: 197 (of 232)

Rank in course/Men: 122 (of 136)

Best time in course: 18:55

Rank in category: 12(of 13)

Best time in the category: 20:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	3:17	6:33	13	1:36	133	1:44	0.50	3:17	6:33	13	1:36	133	1:44
Lap 2	4.00	28:13	7:03	12	11:32	122	12:42	4.50	31:30	7:00	12	13:08	122	14:26
Last lap Finish	0.50	2:53	5:46	12	0:53	110	1:03	5.00	34:23	6:52	12	14:01	122	15:28