



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

CARIUS, Tobias

Club: SV Creaton Großengottern
Number: 1182

Course: 5.00 km
5 km - Lauf

Category:
männliche Jugend U20 (18-19 Jahre)

Total time: 23:45

Speed: 12.63 km/h
Running performance: 4:45 min/km

Rank in course/Total: 21 (of 232)

Rank in course/Men: 16 (of 136)

Best time in course: 18:55

Rank in category: 3(of 8)

Best time in the category: 21:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	1:46	3:31	2	0:01	6	0:13	0.50	1:46	3:31	2	0:01	6	0:13
Lap 2	4.00	19:32	4:53	3	1:29	17	4:01	4.50	21:18	4:44	3	1:30	14	4:14
Last lap Finish	0.50	2:27	4:54	6	0:24	65	0:37	5.00	23:45	4:45	3	1:54	16	4:50