



**3Türmelauf**  
Bad Langensalza / 22.04.2018

Detailed evaluation

**BLUMSCHEIN, Patrick**

Club: B.L. Sharks  
Number: 1007

Course: 5.00 km  
5 km - Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 23:46  
Speed: 12.62 km/h  
Running performance: 4:45 min/km  
Rank in course/Total: 22 (of 232)  
Rank in course/Men: 18 (of 136)  
Best time in course: 18:55  
Rank in category: 2(of 14)  
Best time in the category: 23:40

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:04	4:08	2	0:14	27	0:31	0.50	2:04	4:08	2	0:14	27	0:31
Lap 2	4.00	19:13	4:48	1	-	13	3:42	4.50	21:17	4:43	1	-	13	4:13
Last lap Finish	0.50	2:29	4:58	6	0:25	73	0:39	5.00	23:46	4:45	2	0:06	18	4:51