



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

HOFMANN, Cedric

Club: SV Empor Bad Langensalza Boxen
Number: 1202

Course: 5.00 km
5 km - Lauf

Category:
männliche Jugend U16 (14-15 Jahre)

Total time: 24:14

Speed: 12.38 km/h
Running performance: 4:51 min/km

Rank in course/Total: 25 (of 232)

Rank in course/Men: 21 (of 136)

Best time in course: 18:55

Rank in category: 3(of 18)

Best time in the category: 18:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:15	4:30	7	0:42	42	0:42	0.50	2:15	4:30	7	0:42	42	0:42
Lap 2	4.00	19:46	4:56	2	4:15	20	4:15	4.50	22:01	4:53	3	4:57	20	4:57
Last lap Finish	0.50	2:13	4:26	5	0:22	30	0:23	5.00	24:14	4:50	3	5:19	21	5:19