



**3Türmelauf**  
Bad Langensalza / 22.04.2018

Detailed evaluation

**RÖMHILD, Johannes**

Club: FSV Preußen  
Number: 1054

Course: 5.00 km  
5 km - Lauf

Category:  
männliche Jugend U16 (14-15 Jahre)

Total time: 25:27

Speed: 11.79 km/h  
Running performance: 5:05 min/km

Rank in course/Total: 45 (of 232)

Rank in course/Men: 35 (of 136)

Best time in course: 18:55

Rank in category: 6(of 18)

Best time in the category: 18:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:39	5:17	11	1:06	75	1:06	0.50	2:39	5:17	11	1:06	75	1:06
Lap 2	4.00	20:28	5:06	6	4:57	33	4:57	4.50	23:07	5:08	6	6:03	34	6:03
Last lap Finish	0.50	2:20	4:40	7	0:29	45	0:30	5.00	25:27	5:05	6	6:32	35	6:32