



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

LUDWIG, Lea Celina

Club: GKN Sinter Metals Bad Langensalza
Number: 1215

Course: 5.00 km
5 km - Lauf

Category:
weibliche Jugend U14 (12-13 Jahre)

Total time: 25:23

Speed: 11.82 km/h
Running performance: 5:05 min/km

Rank in course/Total: 42 (of 232)

Rank in course/Women: 9 (of 96)

Best time in course: 20:57

Rank in category: 3(of 13)

Best time in the category: 23:33

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.50	2:21	4:42	3	0:35	20	0:36	0.50	2:21	4:42	3	0:35	20	0:36
Lap 2	4.00	20:43	5:10	3	1:20	10	3:34	4.50	23:04	5:07	3	1:55	10	4:07
Last lap Finish	0.50	2:19	4:38	2	0:02	8	0:19	5.00	25:23	5:04	3	1:50	9	4:26