



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

Schmidt, Sebastian

Club: Grumbach
Number: 1248

Course: 5.00 km
5 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 25:25

Speed: 11.80 km/h
Running performance: 5:05 min/km

Rank in course/Total: 44 (of 232)

Rank in course/Men: 34 (of 136)

Best time in course: 18:55

Rank in category: 3(of 9)

Best time in the category: 19:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:31	5:01	3	0:52	56	0:58	0.50	2:31	5:01	3	0:52	56	0:58
Lap 2	4.00	20:39	5:09	3	4:35	34	5:08	4.50	23:10	5:08	3	5:27	35	6:06
Last lap Finish	0.50	2:15	4:30	4	0:22	34	0:25	5.00	25:25	5:05	3	5:49	34	6:30