



3Türmelauf  
Bad Langensalza / 22.04.2018

Detailed evaluation

LORBEER, Alina

Club: SV Creaton Großengottern  
Number: 1178

Course: 5.00 km  
5 km - Lauf

Category:  
weibliche Jugend U14 (12-13 Jahre)

Total time: 25:33

Speed: 11.74 km/h  
Running performance: 5:07 min/km

Rank in course/Total: 48 (of 232)

Rank in course/Women: 12 (of 96)

Best time in course: 20:57

Rank in category: 4(of 13)

Best time in the category: 23:33

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.50	1:59	3:58	2	0:13	5	0:14	0.50	1:59	3:58	2	0:13	5	0:14
Lap 2	4.00	21:10	5:17	4	1:47	13	4:01	4.50	23:09	5:08	4	2:00	11	4:12
Last lap Finish	0.50	2:24	4:47	3	0:07	11	0:24	5.00	25:33	5:06	4	2:00	12	4:36