



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

PROBST, Christopher

Club: Bad Langensalza
Number: 1010

Course: 5.00 km
5 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 26:07

Speed: 11.49 km/h
Running performance: 5:13 min/km

Rank in course/Total: 61 (of 232)

Rank in course/Men: 48 (of 136)

Best time in course: 18:55

Rank in category: 4(of 8)

Best time in the category: 19:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:54	5:47	7	1:14	97	1:21	0.50	2:54	5:47	7	1:14	97	1:21
Lap 2	4.00	21:18	5:19	4	5:27	43	5:47	4.50	24:12	5:22	4	6:41	51	7:08
Last lap Finish	0.50	1:55	3:50	2	0:03	5	0:05	5.00	26:07	5:13	4	6:44	48	7:12