



7. VR Bank Charity Triathlon Bidingen

Bidingen / 27.05.2018

Detailed evaluation

Total time: 2:45:00

Club: Laufprojekt Bidingen

Number: 29

Course: 49.25 km

Olympische Distanz (1,25-38.0-10,0)

Rank in course/Total: 36 (of 43)

Rank in course/Men: 32 (of 38)

Best time in course: 2:09:34

Category:

Senioren 3 MK50

Rank in category: 7(of 8)

Best time in the category: 2:09:34

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.25	28:38	22:54	7	18:09	28	18:09	1.25	28:38	22:54	7	18:09	28	18:09
Wechsel S -> R	-	1:57	-	3	0:29	10	0:29	1.25	30:35	24:27	5	12:08	24	12:08
Schwimmen Total	1.25	30:35	24:27	5	12:08	24	12:08	1.25	30:35	24:27	5	12:08	24	12:08
Rad netto	38.00	1:08:32	1:48	4	5:41	18	6:38	39.25	1:39:07	2:31	5	15:49	22	15:49
Wechsel R -> L	-	2:04	-	6	0:45	31	1:02	39.25	1:41:11	2:34	5	16:34	22	16:34
Rad Total	38.00	1:10:36	1:51	4	6:13	21	7:38	39.25	1:41:11	2:34	5	16:34	22	16:34
Lauf	10.00	1:03:49	6:22	7	20:16	36	21:23	49.25	2:45:00	3:21	7	35:26	32	35:26