



# 7. VR Bank Charity Triathlon Bidingen

Bidingen / 27.05.2018

## Detailed evaluation

Total time: 1:27:46

Club: Chari Tria Bidingen

Number: 289

Course: 25.55 km

Jedermann-Triathlon Sprint (0,55-20,0-5,0)

Rank in course/Total: 38 (of 76)

Rank in course/Women: 10 (of 22)

Best time in course: 1:11:25

Category:

Seniorinnen 1 WK40

Rank in category: 1(of 2)

Best time in the category: 1:27:46

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.55	13:25	24:23	1	-	11	3:46	0.55	13:25	24:23	1	-	11	3:46
Wechsel S -> R	-	2:47	-	1	-	12	1:04	0.55	16:12	29:27	1	-	11	4:50
Schwimmen Total	0.55	16:12	29:27	1	-	11	4:50	0.55	16:12	29:27	1	-	11	4:50
Rad netto	20.00	40:41	2:02	1	-	7	6:49	20.55	56:53	2:46	1	-	8	9:33
Wechsel R -> L	-	1:22	-	1	-	9	0:21	20.55	58:15	2:50	1	-	8	9:40
Rad Total	20.00	42:03	2:06	1	-	7	6:56	20.55	58:15	2:50	1	-	8	9:40
Lauf	5.00	29:31	5:54	1	-	12	7:02	25.55	1:27:46	3:26	1	-	10	16:21