



7. VR Bank Charity Triathlon Bidingen

Bidingen / 27.05.2018

Detailed evaluation

Total time: 1:12:56

Club: Laufprojekt Bidingen

Number: 244

Course: 25.55 km

Jedermann-Triathlon Sprint (0,55-20,0-5,0)

Rank in course/Total: 15 (of 76)

Rank in course/Men: 13 (of 54)

Best time in course: 1:03:41

Category:

Junioren 17-19 Jahre

Rank in category: 2(of 3)

Best time in the category: 1:11:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.55	11:14	20:25	2	0:43	12	1:55	0.55	11:14	20:25	2	0:43	55	1:55
Wechsel S -> R	-	1:41	-	2	0:02	6	0:13	0.55	12:55	23:29	2	0:45	55	1:56
Schwimmen Total	0.55	12:55	23:29	2	0:45	55	1:56	0.55	12:55	23:29	2	0:45	55	1:56
Rad netto	20.00	37:44	1:53	2	1:16	18	6:46	20.55	50:39	2:27	2	2:01	15	6:56
Wechsel R -> L	-	1:30	-	3	0:33	21	0:35	20.55	52:09	2:32	2	2:34	15	7:26
Rad Total	20.00	39:14	1:57	2	1:49	19	6:48	20.55	52:09	2:32	2	2:34	15	7:26
Lauf	5.00	20:47	4:09	1	-	3	1:49	25.55	1:12:56	2:51	2	1:14	13	9:15