



7. VR Bank Charity Triathlon Büdingen

Büdingen / 27.05.2018

Detailed evaluation

Total time: 1:17:42

Club: Selbolder Raal

Number: 238

Course: 25.55 km

Jedermann-Triathlon Sprint (0,55-20,0-5,0)

Rank in course/Total: 23 (of 76)

Rank in course/Men: 19 (of 54)

Best time in course: 1:03:41

Category:

Männer AK4

Rank in category: 3(of 7)

Best time in the category: 1:11:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	0.55	12:17	22:19	5	1:13	22	2:58	0.55	12:17	22:19	5	1:13	55	2:58	
Wechsel S -> R	-	1:58	-	2	0:28	11	0:30	0.55	14:15	25:54	4	1:11	55	3:16	
Schwimmen Total	0.55	14:15	25:54	4	1:11	55	3:16	0.55	14:15	25:54	4	1:11	55	3:16	
Rad netto	20.00	38:28	1:55	3	3:03	20	7:30	20.55	52:43	2:33	3	4:14	19	9:00	
Wechsel R -> L	-	0:59	-	1	-	5	0:04	20.55	53:42	2:36	3	3:52	19	8:59	
Rad Total	20.00	39:27	1:58	3	2:48	20	7:01	20.55	53:42	2:36	3	3:52	19	8:59	
Lauf	5.00	24:00	4:47	2	2:52	16	5:02	25.55	1:17:42	3:02	3	6:09	19	14:01	