



7. VR Bank Charity Triathlon Bidingen

Bidingen / 27.05.2018

Detailed evaluation

Total time: 1:19:48

Club: Triathlonprojekt Bidingen

Number: 299

Course: 25.55 km

Jedermann-Triathlon Sprint (0,55-20,0-5,0)

Rank in course/Total: 25 (of 76)

Rank in course/Women: 5 (of 22)

Best time in course: 1:11:25

Category:

Seniorinnen 3 WK50

Rank in category: 1(of 4)

Best time in the category: 1:19:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.55	11:24	20:43	1	-	6	1:45	0.55	11:24	20:43	1	-	23	1:45
Wechsel S -> R	-	1:57	-	1	-	3	0:14	0.55	13:21	24:16	1	-	23	1:59
Schwimmen Total	0.55	13:21	24:16	1	-	23	1:59	0.55	13:21	24:16	1	-	23	1:59
Rad netto	20.00	39:32	1:58	1	-	6	5:40	20.55	52:53	2:34	1	-	23	5:33
Wechsel R -> L	-	1:16	-	1	-	7	0:15	20.55	54:09	2:38	1	-	23	5:34
Rad Total	20.00	40:48	2:02	1	-	6	5:41	20.55	54:09	2:38	1	-	23	5:34
Lauf	5.00	25:39	5:07	1	-	6	3:10	25.55	1:19:48	3:07	1	-	5	8:23