



Weimarer Fröhjahrs-OL, TRL/LM Mittel-OL

Weimar / 24.03.2018

Detailed evaluation

Bräuer, Sabine

Club: USV Jena

Total time: 38:54

Running performance: 12:32 min/km

Course: 3.10 km / 13 Controls

Category:

D45 (Damen ab 45)

Rank in category: 3(of 11)

Best time in the category: 36:03

Behind: 2:51

Intermediate times

| Controls | Split Time | Pos Cat. | Behind Cat. | Behind % | Total Time | Pos Cat. | Behind Cat. | Behind % |
|----------|------------|----------|-------------|----------|------------|----------|-------------|----------|
| 1 (53) | 2:47 | 1 | - | - | 2:47 | 1 | - | - |
| 2 (54) | 2:11 | 1 | - | - | 4:58 | 1 | - | - |
| 3 (41) | 6:22 | 4 | 0:55 | 16.8 | 11:20 | 1 | - | - |
| 4 (58) | 6:24 | 7 | 1:29 | 30.2 | 17:44 | 3 | 1:28 | 9.0 |
| 5 (44) | 1:59 | 5 | 0:15 | 14.4 | 19:43 | 2 | 1:39 | 9.1 |
| 6 (39) | 3:05 | 5 | 0:43 | 30.3 | 22:48 | 2 | 2:08 | 10.3 |
| 7 (63) | 2:52 | 10 | 1:12 | 72.0 | 25:40 | 4 | 3:14 | 14.4 |
| 8 (38) | 1:50 | 2 | 0:15 | 15.8 | 27:30 | 4 | 3:05 | 12.6 |
| 9 (46) | 4:05 | 1 | - | - | 31:35 | 3 | 2:59 | 10.4 |
| 10 (34) | 1:23 | 1 | - | - | 32:58 | 2 | 2:55 | 9.7 |
| 11 (33) | 0:53 | 2 | 0:02 | 3.9 | 33:51 | 2 | 2:46 | 8.9 |
| 12 (64) | 1:53 | 2 | 0:06 | 5.6 | 35:44 | 3 | 2:41 | 8.1 |
| 13 (100) | 2:32 | 7 | 0:30 | 24.6 | 38:16 | 3 | 2:53 | 8.2 |
| Finish | 0:38 | 2 | 0:03 | 8.6 | 38:54 | 3 | 2:51 | 7.9 |