



Detailed evaluation

Röhrich, Kirsten

Club: USV Jena

Total time: 46:43

Running performance: - min/km

Category:

D45 (Damen ab 45)

Rank in category: 8(of 11)

Best time in the category: 36:03

Behind: 10:40

Intermediate times

| Controls | Split Time | Pos Cat. | Behind Cat. | Behind % | Total Time | Pos Cat. | Behind Cat. | Behind % |
|----------|------------|----------|-------------|----------|------------|----------|-------------|----------|
| 1 (53) | 3:45 | 6 | 0:58 | 34.7 | 3:45 | 6 | 0:58 | 34.7 |
| 2 (54) | 3:30 | 10 | 1:19 | 60.3 | 7:15 | 8 | 2:17 | 46.0 |
| 3 (41) | 9:41 | 9 | 4:14 | 77.7 | 16:56 | 9 | 5:36 | 49.4 |
| 4 (58) | 6:14 | 5 | 1:19 | 26.8 | 23:10 | 9 | 6:54 | 42.4 |
| 5 (44) | 2:05 | 7 | 0:21 | 20.2 | 25:15 | 9 | 7:11 | 39.8 |
| 6 (39) | 2:43 | 4 | 0:21 | 14.8 | 27:58 | 9 | 7:18 | 35.3 |
| 7 (63) | 1:44 | 3 | 0:04 | 4.0 | 29:42 | 8 | 7:16 | 32.4 |
| 8 (38) | 2:04 | 4 | 0:29 | 30.5 | 31:46 | 8 | 7:21 | 30.1 |
| 9 (46) | 6:00 | 9 | 1:55 | 46.9 | 37:46 | 8 | 9:10 | 32.1 |
| 10 (34) | 1:41 | 5 | 0:18 | 21.7 | 39:27 | 8 | 9:24 | 31.3 |
| 11 (33) | 1:08 | 6 | 0:17 | 33.3 | 40:35 | 8 | 9:30 | 30.6 |
| 12 (64) | 3:03 | 9 | 1:16 | 71.0 | 43:38 | 8 | 10:35 | 32.0 |
| 13 (100) | 2:22 | 5 | 0:20 | 16.4 | 46:00 | 8 | 10:37 | 30.0 |
| Finish | 0:43 | 6 | 0:08 | 22.9 | 46:43 | 8 | 10:40 | 29.6 |