



41. Alteburglauf
Arnstadt / 03.05.2019

Detailed evaluation

Smolarek, Ronja

Club: Arnstadt
Number: 199

Course: 3.50 km
Jugend- und Jedermannlauf

Category:
Jederfrau

Total time: 17:22

Speed: 10.36 km/h
Running performance: 4:58 min/km

Rank in course/Total: 26 (of 58)

Rank in course/Women: 6 (of 32)

Best time in course: 15:27

Rank in category: 1(of 10)

Best time in the category: 17:22