



41. Alteburglauf  
Arnstadt / 03.05.2019

## Detailed evaluation

**Herzer, Maja**

Club: LSV Lok Arnstadt  
Number: 165

Course: 3.50 km  
Jugend- und Jedermannlauf

Category:  
weibliche Jugend W14 (14 Jahre)

Total time: 18:18

Speed: 11.48 km/h  
Running performance: 5:14 min/km

Rank in course/Total: 35 (of 58)  
Rank in course/Women: 13 (of 32)  
Best time in course: 15:27

Rank in category: 2(of 5)  
Best time in the category: 17:37