



41. Alteburglauf
Arnstadt / 03.05.2019

Detailed evaluation

Knabe, Julia

Club: Geschwenda
Number: 208

Course: 3.50 km
Jugend- und Jedermannlauf

Category:
Jederfrau

Total time: 20:14

Speed: 10.38 km/h
Running performance: 5:47 min/km

Rank in course/Total: 45 (of 58)

Rank in course/Women: 22 (of 32)

Best time in course: 15:27

Rank in category: 4(of 10)

Best time in the category: 17:22