



41. Alteburglauf  
Arnstadt / 03.05.2019

## Detailed evaluation

Willing, Jana

Club: VFB Torpedo Ichtershausen  
Number: 203

Course: 3.50 km  
Jugend- und Jedermannlauf

Category:  
Jederfrau

Total time: 22:09

Speed: 9.48 km/h  
Running performance: 6:20 min/km

Rank in course/Total: 53 (of 58)  
Rank in course/Women: 29 (of 32)  
Best time in course: 15:27

Rank in category: 8(of 10)  
Best time in the category: 17:22