



41. Alteburglauf
Arnstadt / 03.05.2019

Detailed evaluation

Ernst, Marcel

Club: Lauffeuer Fröttstädt e.V.
Number: 376

Course: 21.10 km
Halbmarathon

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:31:40

Speed: 13.75 km/h
Running performance: 4:20 min/km

Rank in course/Total: 4 (of 56)

Rank in course/Men: 4 (of 49)

Best time in course: 1:30:09

Rank in category: 3(of 7)

Best time in the category: 1:30:09