



41. Alteburglauf
Arnstadt / 03.05.2019

Detailed evaluation

Holz, Enrico

Club: Team Erdinger Alkoholfrei
Number: 383

Course: 21.10 km
Halbmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:36:27

Speed: 13.06 km/h
Running performance: 4:34 min/km

Rank in course/Total: 8 (of 56)

Rank in course/Men: 8 (of 49)

Best time in course: 1:30:09

Rank in category: 2(of 6)

Best time in the category: 1:32:25