



41. Alteburglauf
Arnstadt / 03.05.2019

Detailed evaluation

Grund, Martin

Club: LG Jena
Number: 238

Course: 10.60 km
Hauptlauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 41:02

Speed: 14.62 km/h
Running performance: 3:52 min/km

Rank in course/Total: 3 (of 109)

Rank in course/Men: 3 (of 85)

Best time in course: 39:48

Rank in category: 2(of 19)

Best time in the category: 39:48