



41. Alteburglauf
Arnstadt / 03.05.2019

Detailed evaluation

Arnold, René

Club: SSV Erfurt 02
Number: 409

Course: 21.10 km
Halbmarathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:41:16

Speed: 12.44 km/h
Running performance: 4:48 min/km

Rank in course/Total: 12 (of 56)

Rank in course/Men: 12 (of 49)

Best time in course: 1:30:09

Rank in category: 3(of 6)

Best time in the category: 1:35:31