



41. Alteburglauf
Arnstadt / 03.05.2019

Detailed evaluation

Ziemke, Claudia

Club: Dream Team Ilmenau
Number: 420

Course: 21.10 km
Halbmarathon

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 1:44:26

Speed: 12.12 km/h
Running performance: 4:57 min/km

Rank in course/Total: 19 (of 56)

Rank in course/Women: 1 (of 7)

Best time in course: 1:44:26

Rank in category: 1(of 2)

Best time in the category: 1:44:26