



41. Alteburglauf
Arnstadt / 03.05.2019

Detailed evaluation

Ziegler, Andreas

Club: RSV Adler Arnstadt e.V.
Number: 302

Course: 10.60 km
Hauptlauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 44:40

Speed: 13.43 km/h
Running performance: 4:13 min/km

Rank in course/Total: 8 (of 109)

Rank in course/Men: 8 (of 85)

Best time in course: 39:48

Rank in category: 5(of 19)

Best time in the category: 39:48