



41. Alteburglauf  
Arnstadt / 03.05.2019

## Detailed evaluation

Schmidt, Benjamin

Club: Arnstadt  
Number: 279

Course: 10.60 km  
Hauptlauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 48:09

Speed: 12.46 km/h  
Running performance: 4:32 min/km

Rank in course/Total: 15 (of 109)

Rank in course/Men: 14 (of 85)

Best time in course: 39:48

Rank in category: 8(of 19)

Best time in the category: 39:48