



41. Alteburglauf
Arnstadt / 03.05.2019

Detailed evaluation

Hengelhaupt, Thorsten

Club: VFB Torpedo Ichtershausen
Number: 379

Course: 21.10 km
Halbmarathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:50:36

Speed: 11.45 km/h
Running performance: 5:14 min/km

Rank in course/Total: 30 (of 56)

Rank in course/Men: 29 (of 49)

Best time in course: 1:30:09

Rank in category: 5(of 6)

Best time in the category: 1:35:31