



41. Alteburglauf
Arnstadt / 03.05.2019

Detailed evaluation

Wolfig, Uwe

Club: Plaue
Number: 301

Course: 10.60 km
Hauptlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 51:52

Speed: 12.26 km/h
Running performance: 4:53 min/km

Rank in course/Total: 27 (of 109)

Rank in course/Men: 26 (of 85)

Best time in course: 39:48

Rank in category: 3(of 7)

Best time in the category: 49:28