



41. Alteburglauf  
Arnstadt / 03.05.2019

## Detailed evaluation

Langbein, Selma

Club: Ski Crawinkel  
Number: 60

Course: 1.20 km  
Schüler- und Jedermannslauf

Category:  
weibliche Kinder W9 (9 Jahre)

Total time: 6:53

Speed: 8.72 km/h  
Running performance: 5:44 min/km

Rank in course/Total: 46 (of 102)

Rank in course/Women: 22 (of 51)

Best time in course: 5:37

Rank in category: 2(of 5)

Best time in the category: 6:49