



41. Alteburglauf
Arnstadt / 03.05.2019

Detailed evaluation

Laute, Andreas

Club: SV TU Ilmenau
Number: 256

Course: 10.60 km
Hauptlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 52:10

Speed: 11.50 km/h
Running performance: 4:55 min/km

Rank in course/Total: 29 (of 109)

Rank in course/Men: 28 (of 85)

Best time in course: 39:48

Rank in category: 2(of 14)

Best time in the category: 44:33