



41. Alteburglauf
Arnstadt / 03.05.2019

Detailed evaluation

Weiß, Steffen

Club: WSV Ilmenau 1908 e.V.
Number: 300

Course: 10.60 km
Hauptlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 52:31

Speed: 11.42 km/h
Running performance: 4:57 min/km

Rank in course/Total: 31 (of 109)

Rank in course/Men: 30 (of 85)

Best time in course: 39:48

Rank in category: 3(of 14)

Best time in the category: 44:33