



41. Alteburglauf  
Arnstadt / 03.05.2019

## Detailed evaluation

Reißland, Jens

Club: -

Number: 272

Course: 10.60 km

Hauptlauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 52:43

Speed: 11.38 km/h

Running performance: 4:58 min/km

Rank in course/Total: 32 (of 109)

Rank in course/Men: 31 (of 85)

Best time in course: 39:48

Rank in category: 10(of 19)

Best time in the category: 39:48