



41. Alteburglauf  
Arnstadt / 03.05.2019

## Detailed evaluation

Von Ende, Holger

Club: SV Thuringia Königsee  
Number: 404

Course: 21.10 km  
Halbmarathon

Category:  
Senioren M35 (35-39 Jahre)

Total time: 1:54:03

Speed: 11.10 km/h  
Running performance: 5:25 min/km

Rank in course/Total: 36 (of 56)

Rank in course/Men: 34 (of 49)

Best time in course: 1:30:09

Rank in category: 6(of 7)

Best time in the category: 1:31:45