



41. Alteburglauf  
Arnstadt / 03.05.2019

## Detailed evaluation

**Mund, Stephan**

Club: VFB Torpedo Ichtershausen  
Number: 263

Course: 10.60 km  
Hauptlauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 54:29

Speed: 11.67 km/h  
Running performance: 5:08 min/km

Rank in course/Total: 37 (of 109)

Rank in course/Men: 36 (of 85)

Best time in course: 39:48

Rank in category: 12(of 19)

Best time in the category: 39:48