



41. Alteburglauf
Arnstadt / 03.05.2019

Detailed evaluation

Enders, Martin

Club: Lohmühle Aktiv
Number: 428

Course: 21.10 km
Halbmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:54:59

Speed: 10.96 km/h
Running performance: 5:27 min/km

Rank in course/Total: 37 (of 56)

Rank in course/Men: 35 (of 49)

Best time in course: 1:30:09

Rank in category: 6(of 6)

Best time in the category: 1:32:25