



41. Alteburglauf  
Arnstadt / 03.05.2019

## Detailed evaluation

Wichmann, Uwe

Club: Arnstadt  
Number: 323

Course: 10.60 km  
Hauptlauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 55:03

Speed: 11.55 km/h  
Running performance: 5:11 min/km

Rank in course/Total: 38 (of 109)

Rank in course/Men: 37 (of 85)

Best time in course: 39:48

Rank in category: 5(of 7)

Best time in the category: 49:28