



41. Alteburglauf
Arnstadt / 03.05.2019

Detailed evaluation

Lüdecke, Andy

Club: Gossel
Number: 257

Course: 10.60 km
Hauptlauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 55:40

Speed: 10.78 km/h
Running performance: 5:15 min/km

Rank in course/Total: 42 (of 109)

Rank in course/Men: 41 (of 85)

Best time in course: 39:48

Rank in category: 13(of 19)

Best time in the category: 39:48