



41. Alteburglauf  
Arnstadt / 03.05.2019

## Detailed evaluation

**Keith, Philipp**

Club: SG ESV Lok Arnstadt  
Number: 249

Course: 10.60 km  
Hauptlauf

Category:  
Männer (20-29 Jahre)

Total time: 56:47

Speed: 11.20 km/h  
Running performance: 5:22 min/km

Rank in course/Total: 49 (of 109)

Rank in course/Men: 48 (of 85)

Best time in course: 39:48

Rank in category: 2(of 5)

Best time in the category: 51:56